

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

# Alphabetical Order

What five letters do you say when you look into the refrigerator and are disappointed?  
"Why are you empty?"



A list of words is provided in a word bank at the bottom of the page. Write the words in alphabetical order on the numbered lines provided.

- |          |           |
|----------|-----------|
| 1. _____ | 9. _____  |
| 2. _____ | 10. _____ |
| 3. _____ | 11. _____ |
| 4. _____ | 12. _____ |
| 5. _____ | 13. _____ |
| 6. _____ | 14. _____ |
| 7. _____ | 15. _____ |
| 8. _____ |           |

- |   |  |
|---|--|
| 1. the slender section of the leg immediately above the foot                          | 9. the part of the body joining the head to the shoulders or trunk |
| 2. a fruit with red or yellow or green skin and sweet to tart crisp whitish flesh     | 10. "the fruit of several citrus trees cultivated in warm regions  |
| 3. directed towards the rear  | 11. above and across from one end or side to the other             |
| 4. at the side of; next to  | 12. to apply pressure against for the purpose of moving            |
| 5. a vehicle with two wheels and a strong frame                                       | 13. to maintain an upright position on the feet                    |
| 6. the joint or bend of the arm between the forearm and the upper arm                 | 14. to move through water by means of the limbs                    |
| 7. "the uppermost or forwardmost part of the body of a vertebrate                     | 15. the joint between the hand and the forearm                     |
| 8. a springing action leaving the ground with one or two feet and landing on two feet |  |

PUSH	JUMP	ORANGE	WRIST
SWIM	BIKE	APPLE	OVER
HEAD	ANKLE	NECK	BESIDE
BACKWARD	STAND	ELBOW	

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Class: \_\_\_\_\_

Teacher: \_\_\_\_\_

Fitness 4 Homeschool  
 Discovering Physical Education  
 2nd-3rd Activity Workbook

# Alphabet Soup

What is the best snake to take into a math class? An adder!

Each line of the puzzle has one word hidden in a list of random letters. The blank space is a missing letter that belongs to that word. Decide what word is hidden in the letters and write in the space the missing letter. A word bank has been provided. Each word in the word bank appears somewhere in the puzzle.

By:


[www.FamilyTimeFitness.com](http://www.FamilyTimeFitness.com)

1.	H	Q	Y	Z	B	A	C		W	A	R	D	P	Y	V
2.	D	M	J	U	E	Y	W		I	S	T	G	S	T	B
3.	L	F	P	E	U	H	E		D	Y	H	Z	W	Y	E
4.	E	P	R	S	T	A	N		Q	V	X	J	M	L	N
5.	R	M	Q	A	B	L	T		W	I	M	L	Y	E	Y
6.	C	P	V	T	Q	Y	T		L	B	O	W	T	Q	P
7.	K	Q	S	S	R	S	B		S	I	D	E	K	M	J
8.	I	R	P	V	E	N	E		K	G	D	O	A	I	V
9.	F	C	W	D	G	V	E		U	M	P	N	I	S	T
10.	K	T	F	J	Z	B	I		E	O	Y	Q	P	K	N
11.	P	L	A	M	G	M	P		S	H	D	C	A	K	P
12.	T	G	Q	A	N	K	L		D	W	I	A	R	Y	H

- |   |   |
|---|---|
| 1. directed towards the rear  | 7. at the side of; next to  |
| 2. the joint between the hand and the forearm                         | 8. the part of the body joining the head to the shoulders or trunk                    |
| 3. "the uppermost or forwardmost part of the body of a vertebrate     | 9. a springing action leaving the ground with one or two feet and landing on two feet |
| 4. to maintain an upright position on the feet                        | 10. a vehicle with two wheels and a strong frame                                      |
| 5. to move through water by means of the limbs                        | 11. to apply pressure against for the purpose of moving                               |
| 6. the joint or bend of the arm between the forearm and the upper arm | 12. the slender section of the leg immediately above the foot                         |

SWIM	NECK	PUSH	ANKLE
BESIDE	STAND	BACKWARD	WRIST
JUMP	HEAD	ELBOW	BIKE

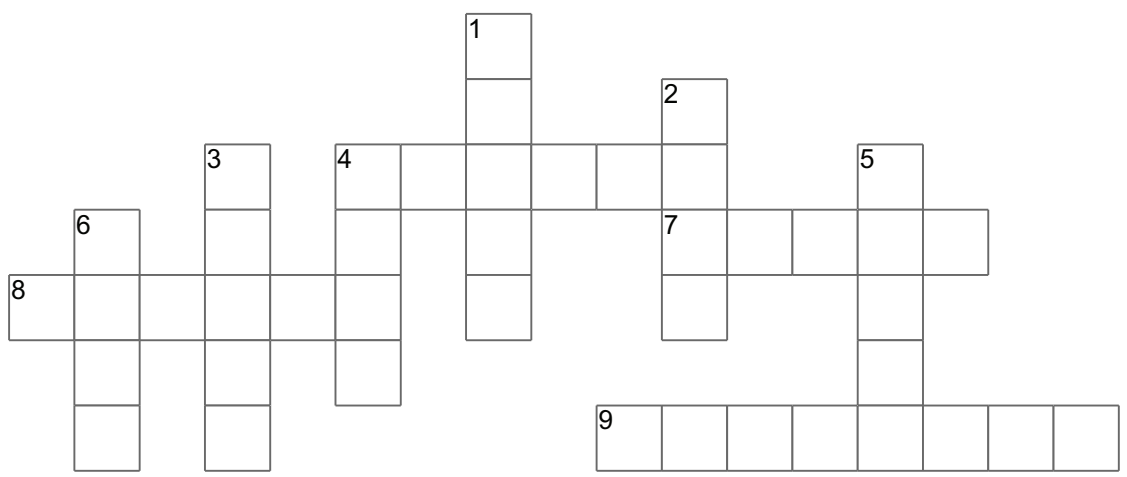
Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

**Fitness 4 Homeschool**  
**Discovering Physical Education**  
**2nd-3rd Activity Workbook**

# Crossword

Knock-knock. Who's there? Ketchup. Ketchup who? Ketchup or you won't win the race!

Using the Across and Down clues, write the correct words in the numbered grid below.



**ACROSS**

- 4. "the fruit of several citrus trees cultivated in warm regions
- 7. a fruit with red or yellow or green skin and sweet to tart crisp whitish flesh
- 8. at the side of; next to
- 9. directed towards the rear

**DOWN**

- 1. to maintain an upright position on the feet
- 2. "the uppermost or forwardmost part of the body of a vertebrate
- 3. the joint between the hand and the forearm
- 4. above and across from one end or side to the other
- 5. the joint or bend of the arm between the forearm and the upper arm
- 6. the part of the body joining the head to the shoulders or trunk

OVER	BESIDE	ELBOW	NECK
ORANGE	WRIST	HEAD	APPLE
STAND	BACKWARD		