

September 2013



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		Activity: _____	Activity: _____	Activity: _____	Activity: _____	
8	9	10	11	12	13	14
	Activity: _____	Activity: _____	Activity: _____	Activity: _____	Activity: _____	
15	16	17	18	19	20	21
	Activity: _____	Activity: _____	Activity: _____	Activity: _____	Activity: _____	
22	23	24	25	26	27	28
	Activity: _____	Activity: _____	Activity: _____	Activity: _____	Activity: _____	
29	30	1	2	3	4	5
	Activity: _____	Activity: _____	Activity: _____	Activity: _____		

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NOTES

The logo for 'FAMILY TIME FITNESS' is centered at the bottom of the page. The word 'FAMILY' is in large, bold, blue letters with small icons of people running and jumping. 'TIME' is in large, bold, blue letters with a small icon of a person running. 'FITNESS' is in large, bold, blue letters with small icons of people running and jumping.